

## PREPERATION FOR BODY WRAP

- Shower with Contour Body Shampoo prior to arrival
- Do not shave legs
- Avoid using oils or lotions after shower and before wrap treatment
- Avoid consumption of food or beverage within one hour of wrap
- Bring extra undergarments or swimsuit
- Bring a bottle of drinking water to consume after wrap
- Be ready to greet the new improved you!

**MELT AWAY  
UNWANTED  
INCHES TODAY!**

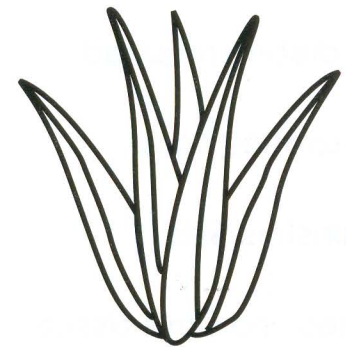
*Nylynn Cosmetics™*

**FOR FURTHER INFORMATION  
CONTACT:**

*Nylynn Cosmetics™*

Jamie Pettiette-Rhone  
Jamie's Therapeutic Touch  
903-723-7546 (skin)  
Skin Care Therapist

## MELT AWAY INCHES



## HERBAL CONTOUR BODY WRAPS...

All you do  
is relax.  
NO dieting  
required.

# BENEFITS

- 4" -15" loss on first wrap
- No exercise needed
- No dieting required
- De-toxifies body
- Nourishes Skin
- Tones and firms tissue
- Permits breakdown of cellulite
- Helps burn fat
- Helps improve stretch marks
- Improves skin flexibility

**NOT A  
TEMPORARY  
WATER LOSS!**

# WHAT IS THE BODY WRAP SYSTEM?

This is a healthy method of taking off inches and tightening skin in just one hour. It consist of wrapping the body with plastic film after Aloe-Herb Contouring Gel has been applied. It is perfectly safe, healthful, and very relaxing. Natural ingredients, no salt or chemicals used.

# HOW DOES IT WORK?

The Aloe-Herb Contouring Gel is warmed allowing the solution to penetrate deep into the fat deposits in the skin. The gel will penetrate the protein wall around the fat cell and allow the herbs in the solution to begin breaking down the bulky toxins into the lymph system. After the wrap we ask the client to drink water to flush out the broken down fat and toxins so they are GONE!!! This is not a water loss, but a definite inch loss!!!

# QUESTIONS... ANSWERS

## WILL MY INCH LOSS COME BACK?

Clients reducing on this program have kept off inches and pounds better and easier than any other weight loss system. You can not continue eating larger portions than your normal dietary intake. Avoid alcohol, salty, surgery and oily foods, as these will keep the water you drink from flushing throught the cells to cleanse your body of the unwanted toxins and fats.

## WHAT ABOUT DIET AND EXERCISE?

We find that dieting will soften the fat deposits so that the treatment will take off the inches faster. Exercise will frim and tone muscles, especially in the tummy area. Exercise will burn the fat from the body and increase body metabolism. For best health, everyone should exercise several hours each week.

## HOW LONG DOES THE WRAP TAKE?

You should allow a total of one and a half hours. You will relax comfortably in the wrap for 45 minutes.

## HOW OFTEN CAN I BE WRAPPED?

We recommend once or twice a week so that if you are dieting you will have time to lose some weight between threathments. The advantage to this is that you will have a tendency to lose most of the inches from the problem areas first. This frequency creates a chain reaction of softening and removing the fat and toxins from your body and keeps the skin tight as your weight continues to decrease.